



St. Charles County Department of
Community Health and the Environment
Health E-News

EMERGENCY PREPAREDNESS SPECIAL EDITION

SEPTEMBER 2005

1650 BOONE'S LICK ROAD, ST. CHARLES, MO 63301
COMHEALTH@SAINTCHARLESCOUNTY.ORG

PHONE 636-949-7400
WWW.SCCHEALTH.ORG

Helpful Phone Numbers

Division of Public Health
636-949-7400

Health Education
636-949-7401

Vital Records
636-949-7558

STD
Prevention/Treatment
636-949-7401

Environmental Health
636-949-7404


WIC
(Women Infants Children)
636-949-7402

Division of Emergency
Management
636-949-3023

Division of Environmental
Services
Recycling Services
636-949-7415

Division of Humane
Services
636-949-7387 (PETS)

Animal Control
636-949-7347



September is National Preparedness Month!

Don't be afraid. Be ready.

**The St. Charles County Department of Community Health
and the Environment's Division of Emergency Management
and Division of Public Health are pleased to present this
emergency preparedness information.**

You could be anywhere; work, home, car. It could be anything; fire, tornado, earthquake, power outage, chemical spill. It could be accidental or deliberate. Regardless of the type, emergencies happen quickly, without warning. They can confine you to your home or force you to leave it. How would you find your family members? What would you do without basic services- water, electricity, phones?

This month, more than one hundred private and public sector organizations across the nation are joining together to help answer these questions and much more. The key is preparing before an emergency. Getting started isn't as complicated as it might seem. If you haven't thought about it before, this is the perfect time to jump-start your family's security by spending a few minutes on a few simple steps.

Plan ahead. Be prepared to shelter where you are or leave quickly. Choose:

- a room in your home to use as a refuge.
- contact numbers to leave messages for family members; one local and one outside the local area. (During an emergency, long distance calls may go through when local calls won't.)
- meeting places; one immediately outside your home and one outside your neighborhood in case you can't get to your home.
- Find out about the emergency plans for your children's schools.

**St. Charles County
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& the Environment**

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Gather supplies for at least three days in portable containers to quickly grab and go if necessary. Start with:

- Water and food
- Flashlights, batteries
- Clothing
- First aid
- Tools
- Hygiene and sanitation items

Get information when you need it! Information will be critical during an emergency. TV and the internet are great unless there's a power outage.

- Store a battery-powered radio and batteries.
- **NOAA weather radios are highly recommended.**
The 24-hour broadcasts from the National Weather Service go beyond weather warnings, and include information about other natural and man-made emergencies.

So this month, make the time and get started! A few steps can make a huge difference. Someday, maybe tomorrow, you'll be glad you did.

For more information on disaster preparedness for family, workplaces, and industry, visit <http://www.ready.gov>.

The Missouri Department of Health and Senior Services has developed a program called **Ready in 3**.

Ready in 3 is an easy way to learn how to prepare for an emergency.

Ready in 3 includes these three steps:

1. Create a plan for you, your family and your business.
2. Prepare a kit for home, car and work.
3. Listen for information about what to do and where to go during an emergency.

For more information about how YOU can be **Ready in 3**, visit www.scchealth.org or contact Julie Burkemper, Public Information Officer at the St. Charles County Department of Community Health and the Environment at 636-949-7408 or burkej1@lpha.dhss.mo.gov.

FREE family safety guides, brochures and posters are available.

